



STAIANO

PLASTIC SURGERY

What to expect

Our priority is the safety of our patients, staff and surgeons, please see below guidance and precautions being taken in response to the COVID-19 pandemic.

Precautions we are taking:

- Staff screening daily
- PPE for all staff and surgeons
- Reduced number of patients in clinic at any one time
- Staggered appointment times to reduce patient contact with other patients
- Social distancing measures in place within Clinic
- Where possible appointments will be carried out remotely, except where the patient needs to be examined or for a procedure.
- Staff who are able to work from home will continue to do so.



BEFORE Your Visit

All visits to Clinic are strictly **by Appointment only**.

You will be asked to complete a **COVID-19 specific questionnaire** to ensure you are free of symptoms prior to attending Clinic.

When attending your appointment **please come alone**. If a friend or family member is coming with you, we would ask that they please remain in the car.

Please arrive at your appointment time (not before) – use the **hand sanitiser when approaching the entrance**, prior to ringing the bell.

Ring the bell located within the porch to advise our Receptionist that you have arrived. If we are running over with the previous patient we may ask you to **remain in your vehicle until the patient has left the building**.

DURING Your Visit

Hand Sanitiser should be used at the entrance to clinic and throughout the clinic as advised by Clinic staff.

Face mask must be worn at all times and will be available at the entrance to clinic with bins to dispose of when leaving clinic.

You will be asked to wear **shoe coverings** to reduce outdoor contamination.

Please **minimise the use of the toilet facilities** to reduce the risk of cross infection and contamination.

Hand shaking and hugs should be avoided.

Coughing should be performed **into the elbow or into a disposable tissue**.

Please try to maintain social distancing at all times.



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After Surgery – POST OP guidance COVID-19

- We will aim for you to be discharged directly, bypassing reception.
- Avoid cash payments.
- Where possible appointments following surgery will be carried out virtually to reduce the number of patients visiting clinic. The only exception to this will be where sutures need to be removed following a minor procedure.
- In order to protect you and the people who surround you after surgery, we have developed these guidelines for your post-operative recovery.
- The rules to follow are the same as those advised by the Government, but there are some extras specific to your surgery.
- You should follow these instructions for two weeks after your surgery.
- This is in addition to the standard aftercare following your procedure.



DO'S – please try and do the following:

- Do maintain government guidelines of social isolation even though lockdown is being relaxed.
- If you start getting symptoms of a viral infection, consider calling 111 or your GP to inform them and socially isolate from others around you.

You should also contact the practice so that we can guide you through the next steps.

- Wear a face mask to protect yourself and others around you.



DONT'S – you should avoid the following activities:

- Avoid visitors unless they need to make an essential visit
- Avoid going out for two weeks unless you need to go on an essential journey
- If you do go on an essential journey, avoid public transport
- Avoid contact and meeting with anyone who has recently suffered a viral illness
- Minimise contact with anyone who has been in contact with large numbers of people.